



COMBINATION USE INSTRUCTIONS

SUGGESTIONS TO MAXIMIZE THE BENEFITS OF HORMONE WITH AEON & SOMASTATIN

Effective consumption of Somastatin meets its peak requirement during 11:00 a.m. and 1:00 p.m. These recommendations are based upon a normal sleep cycle, roughly seven (7) hours from late evening to early morning. If you cannot take Somastatin as suggested, we recommend taking it daily between three to five hours after you have awakened from your regular sleep cycle or immediately before leaving for work in the morning..

As discussed in previous materials regarding the use of our AEON, any food consumed 15 minutes before administering AEON will raise your blood sugar level and negatively impact the benefit the impact of Growth Hormone. However, food consumption DOES NOT impact Somastatin, only its absorption. Simply be certain that your palate is clear from food residue (especially fatty residue coating the tongue or mucosa) in order to maximize it absorption.

It is important to cycle the administration of Somastatin. We recommend that you take Somastatin for five consecutive days (e.g. Mon. through Fri.) and take two days off. Continue this cycle for six (6) consecutive weeks, then take two (2) weeks off (you may continue to take all of our other products you may also be using). After these two “off weeks”, begin the same six (6) week cycle again.

Please remember, you are taking AEON twice during the day, once when you wake up, and again just prior to going to sleep. We recommend keeping AEON and Amino Rx by your bed stand for convenience.

Somastatin Suggested Use: Please shake gently before using. Spray in inner cheek area of mouth. Take once daily as suggested above according to your normal sleep pattern.

With AEON: Use 1 spray per **40 lb** of bodyweight (Example: 160-180 lb = 4-5 sprays).

Without AEON: Use 1 spray per **30 lb** of bodyweight (Example: 160-180 lb.= 5-6 sprays).

Hold in mouth for two (2) minutes. **Optional use:** Take the ½ dose normally and ½ dose 15 minutes prior to exercise. Best if kept in cool dark place. Be sure and contact customer service to time your auto-ship delivery sequence. This dose for example, would be approximately 180 lbs, with approximately 180 sprays per bottle. This would last eleven weeks. Since delivery times can be slightly vary, it is best to time your reorder during your two week cycle.

Proprietary MAPS 3 Technology: Provides the perfectly designed metabolic roadmap for efficient absorption and powerful transport vehicle scientifically designed to successfully deliver its nutrient payload to specifically targeted cell sites.

Indications: To potentially assist the aging process (ref. HGH Therapy) and to benefit athletes desiring to naturally promote their own efficiency of HGH; to increase adrenal function; to increase declining neuro-peptide levels via nutritional processes.

Contraindications: As with all products, anti-tumor protocols should be completed prior to incorporating Somastatin into any Anti-Aging program. Individuals with active cancers or tumors should not use Somastatin or any other GH Therapy. Insomnia has been reported on occasion; avoid consumption six hours before sleep if you are sensitive.

You must do your best to avoid eating before bedtime and at all times reduce your intake of simple sugars found in soda, sugar added fruit juices, candy or other snack products. Large amounts of sugar in one's system inhibit the body's production and utilization of Growth Hormone, especially prior to bedtime.

It is also suggested that for the most complete Anti-Aging protocol possible, you include our powerful **Life Extension System**, which includes our **Essential Vita Rx, Amino Rx, Mineral Matrix Rx, Omega RX** and **PH Balance Rx**. Please be certain to continue to take all prescribed medications as you normally would, and always consult with your physician. It is recommended to have blood levels retested after 90 days of AEON and/or Somastatin use. As the body balances, some medicines may need to be adjusted, consult your physician about this and anything else regarding your personal well being quest.

Exercise, especially resistance training will help increase Growth Hormone production and utilization. Increase your protein intake throughout the day to support tissue regeneration and repair while you sleep. Increase your water intake, preferably a pure, spring type water, to re-hydrate the cells and assist in eliminating toxins. We also suggest that you please familiarize yourself with our Anti-Aging Plan, which is found on our web site.

Please remember that the initial benefits of Growth Hormone occur "on the inside" at the cellular level prior to manifesting themselves "on the outside". Generally, the most noticeable benefits of Growth Hormone appear between 3 and 6 months of consistent use.

For those interested in a greater understanding of HGH Therapy and a more complete overview of concept of Anti Aging and Performance Fitness, we recommend that you visit our website: www.AntiAgingResearch.com

If you have any questions, please contact customer service at 949-589-3515 or Toll free: 1-888-268-4244, or email us at info@AntiAgingResearch.com

LEGAL DISCLAIMER: These statements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, mitigate or prevent any disease. OTC AEON is a nutritional supplement. All AEON and related products contain only growth factor (GF) (a proprietary formulation of select amino acids) as has always been stated on our labels. AEON or SOMASTATIN does not contain HGH as mandated by FDA law. AEON is not a drug, nor a new drug; it is a nutritional dietary supplement intended for hormonal balance provided through nutritional support. Furthermore, with respect to our AEON and Somastatin products, in order to comply with current FTC requirements, we must state all anti-aging benefits mentioned are associated with the injectable form of somatotropin and not our OTC nutritional products.