



## Mineral Matrix Rx™

### SUGGESTIONS TO MAXIMIZE THE BENEFITS OF ANTIAGING THERAPY WITH MINERAL MATRIX RX

**Suggested Usage:** As a dietary supplement for adults, please take one (1) tablespoon twice daily between meals or on a light stomach, or as recommended by your healthcare Professional.

Simply mix one (1) tablespoon of **Mineral Matrix Rx** Bio-Water Complex in eight (8) to thirty-two (32) ounces of pure water or fresh fruit juice and do this twice (2x) daily to **maximize their hydrating** capabilities and **enhance your entire metabolism**. (2 Tbls. can be mixed with up to 64 ounces). **Mineral Matrix Rx** can also be taken by the spoonful or mixed with smaller quantities of liquid if desired. Additionally, it can be pre-mixed the night before to more completely “condition” the liquid you mix it with).

### Fitness Enhancer

The use of **Mineral Matrix Rx** as a **pre and post workout supplement** has also been used successfully by many athletes and fitness enthusiasts who desire to enhance their **hydration, mineral and electrolyte** levels.

### Life Enhancer

When your body is properly hydrated it runs more efficiently at the cellular level, all of its systems function more smoothly and you **feel better**, have more **natural energy**, and are provided the best opportunity to **live a longer**, more rewarding and youth-filled life.

Please keep tightly closed. Best if refrigerated after opening, or place in a cool, dry area away for direct sunlight to maintain superior nutrient benefits.

Please follow our **Suggested Usage** Directions for **Mineral Matrix Rx** as well as all of our outstanding longevity enhancing supplements, and you’ll be on your way to successful anti aging and a special health freedom that only a few are privileged to experience.

Remember; please take one tablespoon of **Mineral Matrix Rx** twice daily for superior health and longevity!

If you have any questions, please contact customer service at 949-589-3515 or Toll free: 1-888-268-4244  
info@AntiAgingResearch.com