



## Somastatin™

Helps Stop Growth Hormone Resistance



**SOMASTATIN™** Helps Stop Growth Hormone Resistance. Just as insulin inhibits glucose and causes diabetes, Somatostatin inhibits Growth Hormone to cause premature aging. Growth Hormone resistance is caused by rising levels of Somatostatin and, unlike insulin resistance, affects everyone.

**SOMASTATIN™** is the solution:

- Inhibits GH resistance
- Contains GH IGF-1 peptides
- Increases natural GH production
- Contains GH releasing peptides
- Contains Retrostatin
- Maximizes GH efficiency

### How SOMASTATIN™ Works

When the body perceives a rise in either IGF-1 (insulin growth factor) or GH, it responds by releasing the inhibiting hormone, Somatostatin, which shuts down the natural production and utilization of GH until levels drop. This negative feedback loop has been a problem with synthetic injectables and over-the-counter GH products.

**SOMASTATIN™** comes in a combined two-part formula containing the powerful somatostatin suppressor, Retrostatin, along with the specific Growth Hormone Releasing Peptides GH and IGF-1 that target the hypothalamic-pituitary axis – the hormonal system that regulates GH production. Because these peptide fragments are unusually fragile and must be quickly and efficiently absorbed, **SOMASTATIN™** is specially formulated to transport them directly to their target cells where they enzymatically lock onto receptors and activate GH production and utilization.

### What About Injectable GH?

Synthetic injectable forms of GH have been heavily prescribed, but require the supervision of a physician and are prohibitively expensive (\$1,200.00 to \$3,500.00 per month). GH injections are also accompanied by several negative side effects. Additionally, these injections only work on the pituitary gland (the reservoir for GH), neglecting the hypothalamus, where natural GH production begins.

**SOMASTATIN™** provides your body with a concentrated formula that strongly increases your natural GH production by stimulating the hypothalamus with Growth Hormone Releasing Peptides. It also blocks Somatostatin, so your GH levels can keep rising to the levels of your youth. In animal studies conducted at Harvard University, **SOMASTATIN™** dramatically exceeded expectations when it was shown to increase GH levels by 800% in middle aged rats.

# Anti-Aging Research Laboratories

*The products you need from the company you trust.*

## SUGGESTED USE

**SOMASTATIN™** creates mental alertness, energy and stamina. It is most effective when taken between the hours of 11:00 a.m. and 1:00 p.m. These recommendations are based on a normal sleep cycle, roughly seven (7) hours from late evening to early morning. If you cannot take **SOMASTATIN™** as suggested, we recommend taking it daily between three to five hours after you have woken from your regular sleep cycle.

Any food consumed 15 minutes before administering AEON™ will raise your blood sugar level and negatively impact your results. However, food consumption DOES NOT impact **SOMASTATIN™**.

It is important to cycle the use of **SOMASTATIN™**. We recommend that you take **SOMASTATIN™** for five consecutive days (e.g. Mon. through Fri.) and then take two days off. Continue this cycle for six consecutive weeks and then take two weeks off (You should continue to use all of the other products you're taking). After these two "off weeks", begin the same six (6) week cycle again. Remember, if you are also taking AEON, continue to take it twice during the day just as you normally would. You are only cycling **SOMASTATIN™**.

Shake gently before using. Spray inner cheek area of mouth. Take once daily according to your normal sleep pattern. Use 1 spray per \*30 lb. of bodyweight (Example: 150-180 lb.= 5 sprays). Hold in mouth for two (2) minutes, then swallow. Optional use: Take ½ dose as normally suggested and ½ dose 15 minutes prior to exercise. Best if kept in cool dark place. Remember to contact customer service to time your auto-ship delivery sequence. Since delivery times can vary slightly, it is best to time your reorder during your "two weeks off" cycle. If you are taking **SOMASTATIN™** conjunctively with AEON™, use 1 spray of **SOMASTATIN™** per 40 lbs. of bodyweight. Be certain that your palate is clear from food residue (especially fatty residue) in order to maximize absorption. Please remember, if you are taking AEON™ twice during the day, use AEON™ once when you wake up, and again just prior to going to sleep.

Do your best to avoid eating before bedtime. Reduce your overall intake of simple sugars found in soda, sugar-added fruit juices, candy or other snacks. Sugar inhibits the body's production and utilization of Growth Hormone, especially prior to bedtime. Certain individuals with active cancers or tumors should not use **SOMASTATIN™** or any other GH Therapy.

For the most complete Anti-Aging protocol, we recommend our powerful Longevity System Rx™ Anti-Aging Power Tri-Pac™, which contains our Essential Vita Rx™, Amino Rx™ and Mineral Matrix Rx™. Continue to take all prescribed medications as you normally would, and always consult your physician.

Exercise, especially resistance training, will help increase Growth Hormone production and utilization. Increase your protein intake throughout the day to support tissue regeneration and repair while you sleep. Increase your pure water intake to re-hydrate the cells and assist in eliminating toxins.

Remember that the initial benefits of Growth Hormone occur "on the inside," at the cellular level, prior to manifesting themselves "on the outside". The most noticeable benefits of Growth Hormone usually appear between 3 and 6 months of consistent use.

At AARL we help you keep your body young, so you'll look better, feel better, and have more energy for life.

For further information or to order, please call us toll free at 1-888-268-4244 or visit our website:  
[www.antiagingresearch.com](http://www.antiagingresearch.com) or e-mail us at: [info@antiagingresearch.com](mailto:info@antiagingresearch.com)

\*These statements have not been evaluated by the FDA, and are not intended to diagnose, treat, cure, or prevent any disease.